

Year 7 Autumn Term 1

What are we learning?	What knowledge, understanding and skills will we gain?	What does excellence look like?	What additional resources are available?
BEING ME IN MY WORLD	Unique me Differences & conflict My influences Peer pressure Online safety Sexting Consequences Online legislation	<ul style="list-style-type: none"> ▪ A mature approach to learning ▪ Participation in whole class discussions ▪ Sharing ideas and respecting the beliefs of others ▪ Completing all learning 	<ul style="list-style-type: none"> • Pastoral support

Year 7 Autumn Term 2

What are we learning?	What knowledge, understanding and skills will we gain?	What does excellence look like?	What additional resources are available?
CELEBRATING DIFFERENCE	Bullying Prejudice & discrimination Equality Act Bystanders Stereotyping Challenging negative behaviour and attitudes	<ul style="list-style-type: none"> ▪ A mature approach to learning ▪ Participation in whole class discussions ▪ Sharing ideas and respecting the beliefs of others ▪ Completing all learning 	<ul style="list-style-type: none"> • Pastoral support

Year 7 Spring Term 1

What are we learning?	What knowledge, understanding and skills will we gain?	What does excellence look like?	What additional resources are available?
DREAMS AND GOALS	Celebrating success Identifying goals Employment Learning from mistakes Overcoming challenges Planning skills Safe & unsafe choices Substances Gangs Exploitation Emergency first aid	<ul style="list-style-type: none"> ▪ A mature approach to learning ▪ Participation in whole class discussions ▪ Sharing ideas and respecting the beliefs of others ▪ Completing all learning 	<ul style="list-style-type: none"> • Pastoral support

Year 7 Spring Term 2

What are we learning?	What knowledge, understanding and skills will we gain?	What does excellence look like?	What additional resources are available?
HEALTHY ME	Stress and anxiety Managing mental health Physical activity and mental health Effects of substances Nutrition Sleep Vaccination and immunisation Importance of information on making health choices	<ul style="list-style-type: none"> ▪ A mature approach to learning ▪ Participation in whole class discussions ▪ Sharing ideas and respecting the beliefs of others ▪ Completing all learning 	<ul style="list-style-type: none"> • Pastoral support

Year 7 Summer Term 1

What are we learning?	What knowledge, understanding and skills will we gain?	What does excellence look like?	What additional resources are available?
RELATIONSHIPS	Characteristics of healthy relationships Healthy romantic relationships Consent Relationships and change Emotions within friendships Being discerning Assertiveness Sexting	<ul style="list-style-type: none"> ▪ A mature approach to learning ▪ Participation in whole class discussions ▪ Sharing ideas and respecting the beliefs of others ▪ Completing all learning 	<ul style="list-style-type: none"> • Pastoral support

Year 7 Summer Term 2

What are we learning?	What knowledge, understanding and skills will we gain?	What does excellence look like?	What additional resources are available?
CHANGING ME	Puberty changes FGM Breast flattening/ironing Responsibilities of parenthood Types of committed relationships Happiness and intimate relationships Media and self-esteem Self-image Brain changes in puberty Sources of help and support	<ul style="list-style-type: none"> ▪ A mature approach to learning ▪ Participation in whole class discussions ▪ Sharing ideas and respecting the beliefs of others ▪ Completing all learning 	<ul style="list-style-type: none"> • Pastoral support